DISHES AND THEIR ALLERGEN CONTENT Shells Cuisine week one

DISHES					D.	Lupin Flour	Milk		MUSTARD			SISAME		WNE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulp
Cheesy ham pasta bake		**					**							
Ham/Turkey pitta/wrap/sand wich		**												
Cheese jacket		**					**							
Chinese chicken curry														
Cheese thins		**					**							
Baked beans jacket														
Pork sausage and chips		**												
Roast Chicken dinner		**		**			**							
Jacket spaghetti hoops		**												
Fish fingers		**			**									